

October 2026

The

BRAMLEY

FOR BRAMLEY AND LITTLE LONDON

Magazine



- **RBL visit Waterloo**
- **Bramley Show report**
- **New beginnings at our schools and nurseries**

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The Bramley Magazine

for Bramley and
Little London

October 2026

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*Produced and delivered by the Church
for the benefit of the community.*

Editorial

I was running out of time to write the editorial this month. The deadline had passed, all the other articles had been edited and sent to the printers, and I still had a blank page. I started scrolling through my phone for inspiration but didn't think you would be that interested in Harry and Meghan's latest exploits or who wore the best dress at the Emmys. Then I read an article about how AI is going to destroy the world and thought, well, it may as well draft my editorial first. So I asked Copilot to write a piece mentioning some of the articles in this month's issue: the Bramley Show, the WI ladies playing crazy golf and the delivery of the transformer. I was hoping it would come up with a load of rubbish that would make you smile, but it was actually quite good. For instance, it described the Bramley Show as *bringing together gardeners, bakers, crafters and growers of every description. The displays were impressive, the competition was good-natured, and it was wonderful to see so many residents taking part and supporting the event. Congratulations to all those who exhibited and to the organisers whose hard work made the day such a success.* Looking at the winning pumpkins on the front page and the article and photos on pages 16 and 17, you can't really argue with that.

AI struggled a bit more with the delivery of the transformer which is featured on page 18. It spoke of the *considerable interest generated by the delivery of a large transformer through the village. The operation attracted many curious spectators and highlighted the complex infrastructure projects that quietly help keep our homes and businesses running.* Well, 'considerable interest' is probably going a bit far. The long wait in the rain and the fact that this was the third time we had been told the transformer was arriving, understandably put quite a few people off. I was one of the sad ones who actually found it quite fascinating. You'll see me at the station spotting trains next!

Finally, I'm not sure what the members of the WI will make of AI's description of their golfing abilities: *Members of the WI enjoyed an outing to play crazy golf. Reports suggest that enthusiasm greatly exceeded sporting ability in some cases, though much laughter was had and friendships strengthened. Whether anyone can genuinely claim to have mastered the course remains open to debate.* Was Copilot there? Turn to page 8 to find out if that's a fair summary of events.

There's lots more to read in this month's magazine: the Royal British Legion enjoyed a fascinating trip to Waterloo (page 15), Wilder Bramley have big plans for St Mark's Close (page 25) and the children at Bramley school and our two nurseries have settled back into the routine of a new academic year (pages 9, 13 and 23). The children in KS2 have been studying Charles Darwin so they will be interested in learning a bit more about this epic explorer on page 12. There are several events happening too: film nights, craft activities, fireworks and, if you can bear to think about Christmas, a carol writing competition. All the details are in the magazine.

Copilot ended the editorial by explaining that it had been written by AI, saying: *If the grammar is unusually good and there are fewer typos than normal, you will know why!* How rude! We will definitely be back to humans next month.

Best wishes

Rachel

Joint Editor

"Be yourself; everyone else is taken."

Oscar Wilde

Cover Photo: Winning pumpkins at the Bramley Show

Material for the November issue to be sent (preferably by email) to the editor no later than 15 October 2026.

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Church diary for October...

4th	18th Sunday after Trinity
9.00	Sunday@9 – Cross House
10.30	BCP Morning Prayer - St James
11th	19th Sunday after Trinity
9.00	Sunday@9 – Cross House
10.30	Holy Communion – St James
18th	Harvest Festival
10.30	Harvest Festival – St James
25th	Last Sunday after Trinity
9.00	Sunday@9 – Cross House
10.30	Holy Communion – St James

... and into November

1st	All Saints Day
9.00	Sunday@9 – Cross House
10.30	BCP Morning Prayer – St James
8th	Remembrance Sunday
9.00	BCP Holy Communion – St James
10.30	Remembrance Service – St James

From the Registers

Baptisms

Jack Michael CARTER	23rd August
	St James Church
Daisy Margaret CARTER	23rd August
	St James Church
Grace Helen BLAKE-PALMER	13th September
	St James Church

Weddings

Sophia CROSS and Alex AGRO	7th September
	St James Church

Benefice Services

October...

4th	18th Sunday after Trinity
10.00	Together@10am with Holy Communion/Kids Church – St Leonard's, Sherfield
10.00	Family Service – St Mary's, Stratfield Saye
18.30	BCP Evensong – St Mary's, Hartley Wespall
11th	19th Sunday after Trinity
10.00	Together@10am – St Leonard's, Sherfield
18th	20th Sunday after Trinity
10.00	Together@10am with Holy Communion/Kids Church – St Leonard's, Sherfield
10.30	Family Service – St Mary's, Hartley Wespall
25th	Last Sunday after Trinity
10.00	Together@10am – St Leonard's, Sherfield

...and into November

1st	All Saints Day
10.00	Together@10am with Holy Communion/Kids Church – St Leonard's, Sherfield
10.00	Family Service – St Mary's, Stratfield Saye
10.30	BCP Matins – St Mary's, Hartley Wespall
8th	Remembrance Sunday
10.30	Remembrance Service – St Mary's, Stratfield Saye
10.45	Remembrance Service – Sherfield on Loddon War Memorial
10.45	Remembrance Service – St Mary's, Hartley Wespall

News from Clift Surgery and the Patient Participation Group

Vaccinations

Flu and Covid clinics will begin at the start of October. If you are entitled to a free vaccination, please contact the surgery to book your appointment.

Having your jab at the surgery means your records are updated instantly. We are very fortunate to have our local surgery, and it's important that we continue to support it whenever we can.

IT Support and NHS App Training

The next training session will take place at the Pavilion, Clift Meadow, during the Community Morning on Saturday 3 October 10am–1pm.

Bring your mobile phone or tablet and we will help you:

- access the NHS App
- order repeat prescriptions
- view your medical records
- check test results

IT is being used more and more in healthcare, so it's helpful to feel confident about what your device can do.

Blood Pressure Checks

In September, the focus was on encouraging patients aged 40+ to check their blood pressure. Knowing your Numbers helps detect possible raised blood pressure early.

Many of you already do this, but please remind younger family members and friends of its importance.

Blood pressure can be checked by:

- using a home blood pressure monitor
- visiting a pharmacy
- borrowing a monitor from a local library
- using the blood pressure machine in your GP surgery

Don't forget to send your readings to the GP practice so they can be added to your medical record.

Take the quiz and see how much you know about your Heart Health: (Tick the answer you think is correct)

1. Which of these is a common early sign of heart disease?

- ☐ A. Chest discomfort or pressure
- ☐ B. Sudden rash on your arms
- ☐ C. Frequent hiccups

2. Which everyday habit helps keep your heart healthy?

- ☐ A. Walking regularly
- ☐ B. Sitting for long periods without breaks
- ☐ C. Eating lots of salty snacks

3. What is the recommended maximum daily salt intake for adults?

- ☐ A. 6 grams (about one teaspoon)
- ☐ B. 12 grams
- ☐ C. No limit

4. Which type of fat is better for heart health?

- ☐ A. Unsaturated fats (e.g., olive oil, nuts, seeds)
- ☐ B. Trans fats
- ☐ C. Saturated fats

5. High blood pressure is often called:

- ☐ A. The silent killer
- ☐ B. The noisy neighbour
- ☐ C. The quick fix

6. Which activity strengthens your heart the most?

- ☐ A. Brisk walking, swimming, or cycling
- ☐ B. Watching TV
- ☐ C. Light stretching only

7. Which of these is a heart-healthy food?

- ☐ A. Oily fish (e.g., salmon, mackerel)
- ☐ B. Crisps
- ☐ C. Sugary cereals

8. What is a healthy resting heart rate for most adults?

- ☐ A. 60–100 beats per minute
- ☐ B. 20–40 beats per minute
- ☐ C. 120–150 beats per minute

9. Smoking affects the heart by:

- ☐ A. Narrowing blood vessels
- ☐ B. Strengthening the heart muscle
- ☐ C. Improving oxygen flow

10. Stress can affect heart health. Which action helps reduce stress?

- ☐ A. Deep breathing or mindfulness
- ☐ B. Ignoring your feelings
- ☐ C. Drinking more caffeine

Hopefully you got them all right but if you need to double check, the answers are on page 30.



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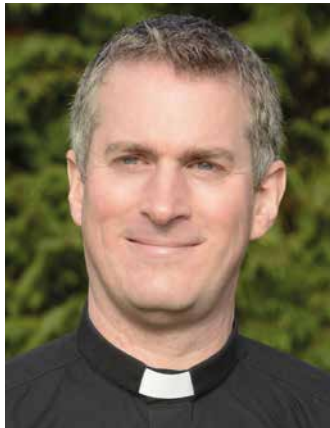
In the countryside we are likely to be more aware of nature and how plants, trees and flowers grow. I've just been to the Bramley Show and it was wonderful to see all the produce and also the creativity in how people built scarecrows, took photos, made items, baked and cooked and wrote creatively. Despite the long, hot, dry summer we still managed to reap something of what was grown.

All this got me thinking about the work we put into growth. That's not just fruit and vegetables, but how we grow as people and in our families and our community. The Show is one example of a community event which helps make this village what it is, with many people working hard to make it happen and build a sense of community in Bramley.

These days we have lots of choices and opportunities as to how we can grow as people. There is an abundance of food and drink (I know what I like and it's not always healthy!) and a similar variety of people and ways which can help us get (or stay) fit and healthy.

We can also grow mentally and intellectually. I love being part of Bramley School, with its amazing staff and children, all busy learning and engaging in new and interesting ways to expand their knowledge and skills. Even as adults we have opportunities to grow our minds in all sorts of ways. We need not ever stop learning!

It's often said we 'reap what we sow' or 'you get out what you put in'. We can't get away from nature's rule that in order



Rev'd Mark Anderson

to grow things and especially to grow as people, we need to be aware of what's influencing us; what's going into our bodies and minds and how these things are making us into a different kind of person, for better or for worse.

As one who believes in God and as one who follows the Way of Jesus, I also seek to grow emotionally and spiritually. Again, even then I reap what I sow. We are all spiritual people and even without knowing, we sow spiritually. We do this when we pursue things which satisfy our hearts, that is our deepest desires and those things which make us 'us'. It's those things which help us make sense of the world around us and our place in it - those

things which give us purpose and meaning. Perhaps not so much what we accomplish nor accumulate, not even the work we do for others. I believe we grow as people, as families and communities when we clothe ourselves with compassion, kindness, humility, gentleness and patience; when we bear with each other and forgive one another and if any of us has a grievance against someone, then we forgive as we are forgiven. Over all these virtues we put on love, which binds them all together in perfect unity. And that love is the type where we sacrifice something of ourselves for the benefit of the other.

I'll end with this: whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. So let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.

Rev'd Mark Anderson

Vicar, St James Church, Bramley

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Where: Clift Meadow Pavilion

When: Every Wednesday (Term time only)

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We are looking for local volunteers to help with:

- Setting up tables and chairs
- Serving tea, coffee, and biscuits
- Chatting with attendees
- Clearing away afterwards

If you have a spare hour or two on Wednesday mornings and want to help keep our village connected, please reach out!

Get in touch:

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Bramley WI

During August we didn't go to our usual venue but went out to Capital Gardens to play crazy golf instead.

It was quite a hot day but that didn't deter our members. We played the whole 18 holes in teams of four; there was lots of laughter when you couldn't get the ball in the hole but cheers when you did!! Lots of good fun. Attached are some pictures of the day.



The ladies enjoying a bit of crazy golf



Concentrating hard!

Afterwards we had afternoon tea in the restaurant, which included scones with jam and cream, and a selection of lovely cakes. A good time was had by all.

For our meeting in September, a delightful lady called Valerie Chambers gave us a talk about Wormwood Scrubs. She worked there for a period of time and so was able to tell us stories about things that happened inside and explain how the prison came about. She was full of information and tales about some

of the inmates. A very interesting and enjoyable evening. Afterwards we had our usual refreshments and a raffle.

Jane Matthews

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Wendy Ann Peagam

It was with great sadness that we said goodbye to Wendy Peagam, who died peacefully on 9 September at Rowan Lodge nursing home, her family at her side.

Wendy was a long-standing member of our village and church community and many of you will remember her from the sell-out three-night music festivals that were held in St James's between 2004 and 2009 -- the inspiration of Wendy, who wanted to bring memorable music into a beautiful church and provide a platform for extraordinarily talented young musicians: Voces 8, harpist Claire Jones and child prodigy Shoshanah Sievers were some of the many artists who have gone on to establish international careers.

It was always Wendy's wish that the festival would bring local people together to enjoy music professionally delivered, with the church full of flowers and opportunities to meet performers.

Wendy and Anthony met in London, where they were both members of The Salvation Army, and were married for 62 years. Wendy had a lovely soprano voice and throughout her life sang with choirs large and small. She trained as a teacher in Essex, and for more than 25 years was the much-

respected head of Wyndham's junior school, Yateley Manor.

The couple moved from Church Crookham to Bramley in 2003, making many friends and soon becoming involved in village life. As well as the church and the music festival, Wendy often helped at the annual fete, where she could be seen selling secondhand jewellery, scarves and handbags.

Wendy was diagnosed with Parkinson's 17 years ago, managing the cruel disease bravely and with good grace, moving to Rowan Lodge for specialist care only in the last two years. Her family were devoted to her, son Oliver making repeated journeys from Australia and Anthony and Alex visiting almost daily.



Bramley School

What a fantastic start to the year! Despite the usual anxieties from children and adults alike about going back to school in September, everyone has settled back in so quickly: adapting to new routines, getting stuck into their new curriculum, joining old friends and making new ones!

This year has been a bit different at Bramley CofE Primary with the roll out of mixed classes across the school. You may remember that KS1 became mixed classes last year; Lower KS2 and Upper KS2 have now joined them. With the village growing and our ever-increasing numbers in school, we have moved to mixed classes in order to fully utilise all of our space.

Our teaching methodology in school has not changed – we meet the children where they are, teaching the vast majority their age-appropriate curriculum, while supporting those who are not quite ready for it and developing their skills. We also provide breadth and challenge for those who have shown the capabilities and deep understanding of a topic. At the heart of our ethos is supporting every child to achieve their best – socially, emotionally and academically.

What are we learning this term?

To maximise our Geography curriculum, we have introduced a new topic into KS1 – Beautiful Beaches. The children will learn all about the wonders of British coastlines and the varied natural and man-made aspects we will find there. The

new Yr1 children have already shown they were ready for the step up in their learning, settling into their KS1 classes brilliantly.

In Lower KS2, their focus is on sporting brilliance with their topic: Ready, Steady, Go. They are looking at what it takes to be a leading athlete, the history of the Olympic games and famous athletes from the past.

In Upper KS2, Geography is the curriculum driver again; they are studying Charles Darwin in Epic Explorers, gaining an understanding of how important explorers from history have shaped our understanding of the world and nature.

Our team work extremely hard to build exciting topics which help the children learn in engaging and meaningful ways. Where possible, we link topics such as our history to the art produced and the writing units taught, in order to make the learning deeper.

At the time of writing, our new EYFS children have been in school for a week and have settled brilliantly – they will soon be using their artistic skills to create their own self-portraits to decorate their classrooms, as well as learning about where food comes from as part of our Harvest celebrations.

As always, it is a very busy but exciting start to the year! We are grateful to all of our families for working with us to create such a positive start for all of our children.

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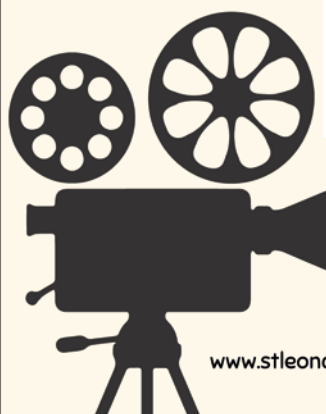
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This month's update from Bramley Parish Council comes from Cllr Tony Durrant and Maxta Thomas, Clerk

Number 14 bus route

Many of you will be aware of Hampshire County Council's consultations on using various roads in Bramley as a turning circle for the number 14 bus, to help improve its timetable. One of the roads being suggested is Longbridge Road. Bramley Parish Council has requested to be involved in these discussions at the behest of concerned residents, but HCC have stated that these are very preliminary conversations with the residents in Longbridge Road only. We are keeping a close eye on the consultation and will respond as soon as we are able.

Bramley Green

A note that grass cutting on Bramley Green is due to happen in early October. If you see contractors in their tractors on the Green, please take care.

Biodiversity

Biodiversity is an important matter for all of us. Bramley Parish Council hope that everyone agrees and are doing what they can to enhance environments that support our precious and vital biodiversity.

Bramley PC have done much to improve the situation and are taking this opportunity, as we move into Autumn, to bring you up to date with what has been carried out on Parish Council owned and managed land within the parish. The sites we have directly influenced are as follows:

Bramley Green, Clift Meadow, the new Parish Green at Longbridge Road, the two allotment sites at the Church and St James Park, and the Burial Ground.

- Some years ago, we obtained permission from the Stratfield Saye Estate (who own Bramley Green) to "wild" **Bramley Green** by altering the mowing schedule to promote biodiversity improvement. We worked with the Wilder Bramley Group (WBG) and the Green is now thriving and supporting a range of species essential to the planet's future. We allow information boards, provided by WBG, to inform those using the pathway across the Green as to what they can expect to see. This year we introduced a wild flower area, again working with WBG, to encourage pollinators into the area.

There are those who would rather see a mowed Green, but we must remember that we share this world with a vast number of species all of which contribute to our sustainability.

- **Clift Meadow** was donated to the community for sport and leisure purposes; however, this does not mean that biodiversity initiatives cannot be accommodated. As landlords of Clift Meadow, the Parish Council have allowed volunteer groups to work with the Trust members to create small but very successful biodiversity projects to make the Meadow their home.
- It took ten years for the Parish Council to bring the **Parish Green (PG)** at Longbridge Road to fruition, finally removing the fear of development. The PG has been a huge success bringing much needed open space to the area whilst retaining a significant portion of the site for wildlife to live and thrive. By being open it allows movement of wildlife between the site and the adjacent

SINC (Sites of Importance for Nature Conservation) to the west of the "Cinder Track". The new bridge is designed to create a wildlife corridor.

- The allotments are a success story, allowing those who undertake the necessary hard work to grow crops, all of which help biodiversity. The use of chemical weed suppressants is strongly discouraged.
- Work is planned at the Burial Ground to create a wilded area with no public access on an unusable area. The burial site is mowed and tidied on a regular basis and that will not change. We are looking at another large project that would enhance biodiversity but it is very early days and we need to keep our expectations realistic. Our thanks go out to all the local volunteers who are doing great work to support biodiversity in our Parish.

It must be remembered that the Parish Council has many responsibilities to the community and whilst biodiversity is key, we can only do so much. Bramley Parish Council is made up of volunteers and our hardworking Clerk, and our time and efforts must be shared amongst our duties. Our efforts regarding biodiversity will be confined to supporting volunteer initiatives and creating any larger new projects that, realistically, can be delivered.

Upcoming meetings

Planning Committee will be on Tuesday 13 October, with Full Council on Tuesday 20 October. Both meetings will be in the Bramley Room at Bramley Village Hall, and, as always, members of the public are welcome. Meeting details will be on the Bramley PC website nearer the time.

Useful Contacts

Parish Clerk: Maxta Thomas: clerk@bramley-pc.gov.uk, 07810 692486

Bramley PC: Website: www.bramley-pc.gov.uk
Facebook page: www.facebook.com/BramleyPC

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The talk by **Ian Worley** to the Probosc Club of Basingstoke had the simple title “**Charles Darwin**” but what emerged was a life of coincidences that led to him becoming a world-famous naturalist.

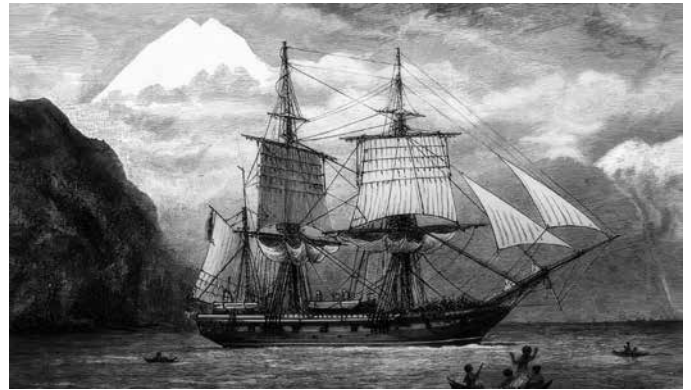
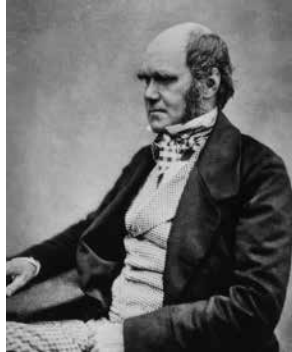
Born into a wealthy family in Shrewsbury in 1809, Darwin's father was a physician who was married to Susannah Wedgwood, a member of the famous pottery family. Having a large kitchen garden, he kept a detailed diary which probably stirred an interest in plants in the young Charles.

Sent to Shrewsbury school, which majored in the Classics of Latin and Greek, Charles was a poor scholar. In 1825 he was sent to Edinburgh University to study medicine in the hope that he would eventually be able to assist his father. Disappointment followed and in January 1828 his father sent him to Christ College, Cambridge to study for a clerical career hoping that he might rise in the church to become a bishop. Graduating in January 1831, Charles surprised even himself by coming 10th out of 178 entrants.

One of his contemporaries at Cambridge, John Henslow, knew of a planned round the world surveying expedition that required an onboard naturalist. This was an unpaid position but as Charles was a single man with a substantial allowance, and had gained an extensive knowledge about plants, he felt qualified for the position of naturalist on board HMS Beagle.

His father, though, thought differently and wanting Charles to go into the church forbade him from applying for the position. His brother-in-law, Josiah Wedgwood, managed to change his mind and so Charles applied for the position, only to find it had already been offered to someone else. However, family constraints forced this person to change his mind and so, in December 1831, Charles set off on the five-year surveying voyage, mostly around the southern hemisphere.

On Cape Verde, Charles Darwin discovered seashells high up in an escarpment; in South America he found ancient



HMS Beagle

bones that he sent back to England; in the Galapagos Islands he found not only giant tortoises but discovered that birds, such as Finches, were different from those in England. These discoveries all raised questions in his mind.

After returning to England, Charles married his first cousin, Emma Wedgwood, and wrote several books on his findings about botany and zoology. These enabled him to be recognised as an authority on these subjects, and he was elected to prestigious scientific societies.

One book, written anonymously in 1844, was poorly received as it was based on Darwin's emerging theory about changes and developments in different parts of the world. It raised questions about Archbishop James Usher's declaration in the C17th that the earth had been established around 6.00pm on the evening before Sunday 23rd October 4004 BC.

It took the persuasion of scientific colleagues twenty-three years after the voyage of HMS Beagle for Darwin to write *On the Origin of Species* in 1859. Written in plain English it was received with a mix of scientific fascination, theological outrage and public curiosity. All 1250 copies were sold on the first day. Darwin published six revised editions up to 1872 and it has never been out of print.



Darwin's journey from academic failure to scientific pioneer highlights how chance and perseverance can shape history. He was honoured with burial in Westminster Abbey in 1882, cementing his legacy as one of the greatest scientists of all time.

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Little Apples

Welcome to the new academic year, September 2026 to July 2027. We hope everyone enjoyed a wonderful summer holiday, particularly with the fabulous weather.

This is always an exciting time of year at Little Apples as we welcome so many new friends and their families. We have also made some great additions to the provision at Little Apples, including a storytelling throne, log seats and cushions in our outdoor classroom. This also now has a beautiful blackboard and wooden play furniture and an outdoor library. There is a new petrol pump for outside roleplay and enhanced provision in our well-being area and book corners.

This half term, the children have been focusing on their bodies, keeping healthy and healthy eating. This includes brushing the giant teeth of Colin the crocodile and Alan the alligator, with our huge toothbrushes.

We are excited to explore the signs and colours of autumn and harvest festival too, as well as visiting the solar system from our space station during International Space Week.

Little Apples will be at the Parish Council community event in Clift Meadow and Brocas Hall on Saturday, 3 October. Why not pop up and visit us and see the works so many local charities and volunteer groups do in our community?

Exciting events later this term include a visit from the animals of Millers Ark, our Nativity play performed by our older children and our Christmas party featuring Crazy M, the fabulous entertainer who has us all in stitches.

We still have availability for registering children to attend this academic year. If you're interested in visiting us or registering your child, please contact Jo on (07598) 588460 or manager@littleapples.org Please visit our website, Instagram and Facebook for information and updates.



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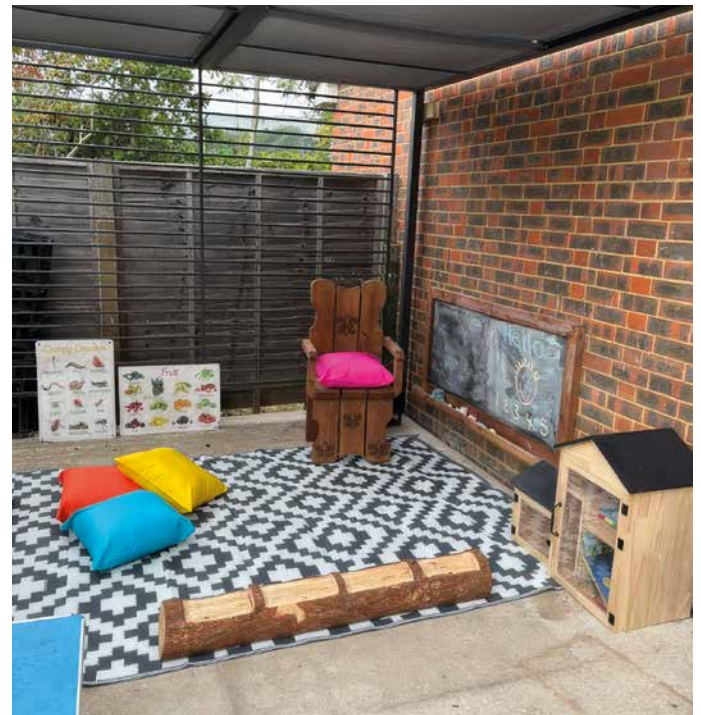
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The new additions to the outdoor classroom

A Wreath for Remembrance

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As early as possible, please contact Natalie natalie@lerner.net 07485 133499.

I'll be happy to give you details and arrange it for you



Poppy Appeal 22nd Oct – 11th Nov

Pop-up 'Poppy Stand' outside Bramley Bakery on Saturdays 24th, 31st October.

Poppies and merchandise will be available. Donations welcome via card, cash or QR code.

Poppies will also be available in our supportive local businesses every day 22nd Oct – 11th Nov.



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Guy van de Berg reports on the recent Royal British Legion Tour to Waterloo

Building on the success of last year's tour of the Somme, we once more ventured to the port of Dover under the watchful eye of our Royal British Legion (RBL) chairman and battlefield guide, Rhydian Vaughan. The aim was to visit the historic Battle of Waterloo of 1815. The outcome of the battle changed the political and cultural direction of both Britain and Europe and, to a lesser extent, the wider world.

On arrival at Waterloo late in the afternoon, mother nature played her poetic part by opening the heavens to torrential rain, an epitaph to the night before the famous battle. Rhydian, ever the resourceful guide, took an early decision to route direct to the hotel, which encouraged an early dinner in a fine local establishment – not that the party was complaining. We dined on either steak frites or Moules marinière; washed down with appropriate levels of fine wine. Throughout, we ate and drank extremely well for a very reasonable price, which contributed to a very convivial and successful three-day tour.



Next morning, we formed up where the Duke of Wellington, with his multitude of aides-de-camp and generals, had elected to command the battle. A younger version of the original Elm Tree marks the spot. One could see across the rolling countryside southwards to the French lines, including Napoleon's headquarters established at La Belle Alliance. The battlefield is some 3 square miles in size, which on the day of battle was occupied by some 200,000 soldiers and 537 artillery pieces from both sides.

For those unfamiliar with the Battle of Waterloo, it proved the culmination of a series of smaller battles. On 16 June, Napoleon oversaw the partial defeat and subsequent withdrawal of Marshal



Blucher and his Prussian army at the Battle of Ligny. On 17 June, Napoleon's army, under Marshal Ney, pursued Wellington's forces and the two armies fought at Quatre Bras some 7 kms south of the final battleground. The Battle of Quatre Bras ended in an unconvincing draw and led to the deciding battle at Waterloo on 18 June.

Of special note, was the newly built Waterloo museum. But the crème de la crème was our visit to the site of the courageous defence of Chateau d'Hougoumont by the Coldstream and 3rd Foot Guards, 3rd Hanoverian Brigade and 71st Foot Scottish infantry. These troops held firm with the odd wobble against some 12,000 French infantry from late morning to the evening. Final victory only came with the arrival of Marshal Blucher and his Prussian army late into the day. As Wellington put it: 'It has been a damned nice thing – the nearest run thing you ever saw in your life'.

And so ended another tremendous battlefield tour. The weather was

glorious and Emily, our wonderful driver, enabled unfettered access to all points across the whole battlefield. Our bellies had been filled with good food and drink and our spirits held high by good humour and a common bond. The takeaway is not so much the detail of the battles fought, albeit this is important, but that fellowship, even amongst newly formed friends has the power to elevate and enlighten the soul. Rhydian and the RBL epitomise this principle for which both are heartily thanked. The final Mention in Dispatches goes to the group itself. As the adage goes: 'age is but a number' with the eldest participant, aged 93, showing the way to the rest of us.

I leave you with one final quote from Wellington, which for any combat veteran is as true today as it was then:

'Nothing except a battle lost can be half so melancholy as a battle won'.

The RBL Bramley and District Branch AGM will be held at 7.15pm on 13 October at Cross House - All welcome.



Sue Howell reports on this year's Bramley Show which featured huge pumpkins, delicious cakes and crafts galore.

The 38th Bramley Show has concluded and we are pleased to report it was another success. There had been concerns that entries would be down, and they were slightly, due to the extreme weather conditions which meant crops had to be harvested earlier than usual. Flowers were in very short supply but there was enough veg to create interest.

We received a pleasing number of photos and this year we had a child specific section. There were some excellent photos and, as always, judging can be hard. Well done to everyone who took part.

This year there were more entries in the Creative Writing class. The topic "Lost" seemed to have captured the imagination and there were several pieces that told of moving life situations. It takes courage to share a piece of writing with someone you don't know, and the judge was humbled to read these pieces, but ultimately the result has to reflect the writer's ability to challenge, move and hold the reader's attention alongside structure and accuracy.

Craft and cookery always does well and we beat last year's number of children's entries. A wooden spoon character and a mask certainly inspired them, and there are some very imaginative bakers.

As always, a heartfelt thanks to all the people who helped in the background. The café team did a great job in supplying the tea and coffee. There were a lot of aching feet at the end of the day. There are too many to mention but a show doesn't just happen without

willing committee members, and special thanks to those who donated raffle prizes.

But the biggest thanks goes to those who entered the Show and those who came along to be part of the fun. Many were new to this village event and they are the ones who will continue the tradition into the future.





And the winner is.....

Robo Dog!

Congratulations to Roger and Joyce who won this year's robot-themed scarecrow competition. Robo Dog made me smile every time I walked past it, so I'm not surprised it got the most votes.

If you entered a scarecrow and would like it featured in the magazine, do email a photo to editor@bramleymagazine.org.uk. Unfortunately we didn't have time to get copies of all the entries before this month's deadline.



Date for your diary:
The 39th Bramley Show will be held on Sunday 12th September 2027. See you next year.





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CONTACT US TODAY

We don't get much excitement in Bramley, so when a specialist vehicle carrying a large transformer drove through the village, it attracted quite a bit of attention.

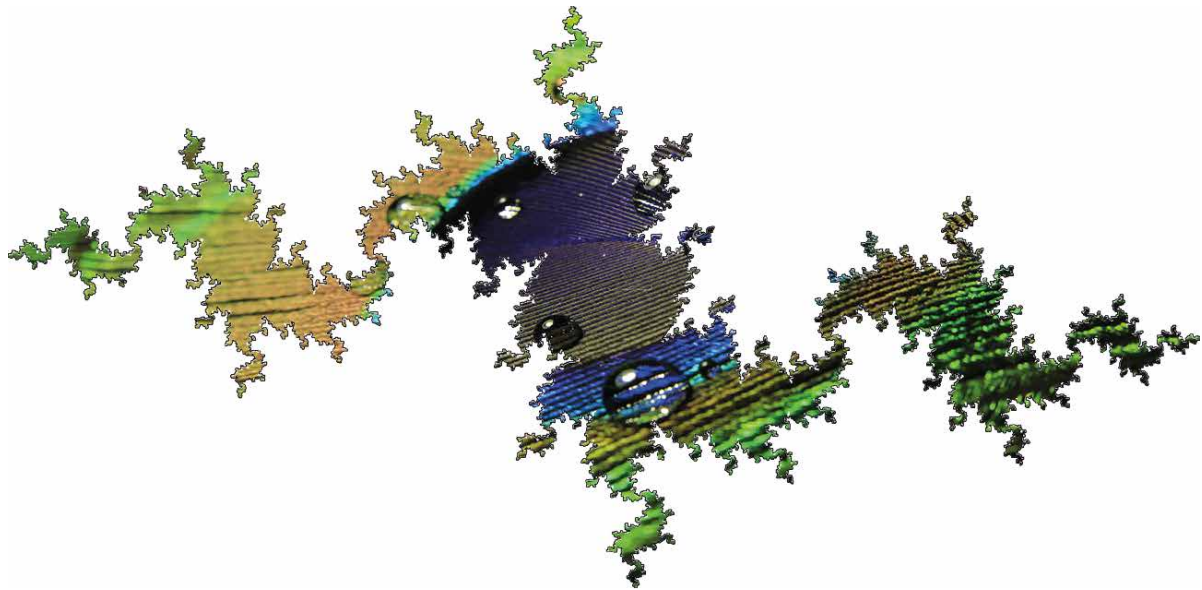
The transformer was heading to Bramley substation and, guided by a police escort, it moved at snails' pace. It had to manoeuvre around bollards and trees and on at least one occasion the platform had to be lowered so that the transformer didn't get tangled up in low hanging branches. How the driver managed the turn into Electricity Lane, I'll never know. Not a manoeuvre I would want to do on a driving test! If you missed it, here are a few pictures.



Your Photos

Mark Beeton took this photo of a very social group of cows in a field along Folly Lane. He was on a bike ride with his daughter, Isabella, and when they stopped for a quick drink all the cows walked towards the gate to see them. Thank you to Isabella for suggesting her Dad send the photo to the magazine.

If you have taken any memorable photos around Bramley or Little London, do send them in to editor@bramleymagazine.org.uk



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Bramley and Romans Floral Society

On 3 September, Brenda Bull took us on an entertaining and informative floral journey for her demonstration 'Ancient Routes'. We travelled from the vibrant imperial yellow of China, via the bright spice colours of India, a cool blue of a Constantinople

courtyard garden ending in the subtle pastel shades of the Mediterranean lavender fields. Her varied and beautifully constructed designs and her interesting stories, brought to life the sights and sounds of each place. They were all a delight to the eye, and the raffle prize winners were also delighted to be able to continue enjoying one of the lovely designs at home.

If you'd like to spend an afternoon with friendly company, entertained by talented and interesting NAFAS qualified demonstrators, do come along on the first Thursday of the month to Sherfield on Loddon Village Hall at 1:30pm. For more details visit our Facebook page or contact Dusty on 01256 881420 or email: TayMab1@aol.com.



The bight spice colours of India



The cool blue of a Constantinople courtyard garden



The pastel shades of Mediterranean lavender fields

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Bramley SpeedWatch

Recent Local SpeedWatch Activity:

Four manned deployments were undertaken during August. A total of 36 vehicles were reported to the police from the 550 vehicles checked by Bramley SpeedWatch = 6%. The top speed recorded was 47 mph.

30mph Wheelie Bin Stickers

The Parish Council has funded some 30mph wheelie bin stickers. There are still some left so if you would also like one (especially if you live along the Street, Silchester Road or Sherfield Road) please drop me an email: bramleyspeedwatch@yahoo.com with your address and I will drop one off.

Camera Data August 2026:

Verified speeders (=>35mph)	Highest number of offences committed by one vehicle*	Fastest hour	Illegal vehicles
2712	17	5am	63

* Persistent offenders: The police are continuing to visit persistent offenders. Don't want a knock on the door- don't speed.

If you have any questions/concerns regarding SpeedWatch please email:

bramleyspeedwatch@yahoo.com

speedwatch@hampshire.pnn.police.uk

or visit: www.hampshire.police.uk

Keep Safe and Watch Your Speed
**Graham White, Bramley
SpeedWatch Co-ordinator**

SID Data – August 2026:

SID location	Days deployed	Traffic direction	% of vehicles exceeding 30 mph
Bramley Corner	31	East	74%
Farriers	31	West	30%
The Street	31	East	30%
The Forge	31	West	Data Corrupted

Taking a break from his Basing House series, Jordan Rollinson brings us a Halloween Horror Special.

Dankly wet stench of rotting seaweed and sand festered on the innards of Darren's nostrils. Their odour was sour, like old books left to moulder. Percussive drips tickled his ears, their whispers reflecting from the sharp edges of stone around him in the dark.

Something valuable had to be here. Tintagel had belonged to *King Arthur*. The very same man who had accepted the soaked steel of Excalibur from the open palms of the Lady in the Lake, and who had beaten off the furious assault of the Saxons as they pushed into Wales. What treasures and keepsakes could lie between the shingle-stones of the caves beneath the old castle's remains? Darren smirked in glee – that was for *him* to find out.

Grimly aware that he might never shower off the smell of the cave, Darren pressed on. Gripping his soles against barnacled rock, he cast his

torch around him in search for the gleam of forgotten metals. Seawater came up to his shins in the cavern; its chill soaked through to his bones. Light from the torch in Darren's hand bounced from the crackled rocks in the heights of the cave and reflected magically down in browns and greens into the surface of the water.

"Is there anything in here?" Darren murmured to himself over the sloshes of the waded water.

"Oh, there is." Came a voice from the inner cavern. Darren froze, startled. *"A treasure from the past, for those who dare to find..."*

"Who's there?" shivered Darren, chiding himself for even asking.

"I said, who's there?" Darren tried again, louder.

"A friend of the old King..." the whisper began, *"and one who can give you what you look for."* Darren stepped forward, his boot sending ripples in the pitch-black of the cave's lagoon. 'Arthur was a story of magic,' Darren reasoned, 'and his greatest artifact came from water, like this.'

"Who are you?" Darren asked, now

knee-deep in the swash.

"A lady of the lake, though I am confined to this miserable tidal pool..."

As she spoke, Darren could almost feel the frustration in her voice on the surface of his brain. She'd said she was the Lady of the Lake – Arthur's own! Did she have an Excalibur for him?

"I'm listening." Darren hummed after some thought.

"Reach within my pool, I will hand you the way to free me," the Lady in the Lagoon sighed. Darren did as she told him, dropping to his knees to reach beneath the glassy surface of the pool. His torch was forgotten on the lagoon's shore. Waist-deep, hand outstretched in cold saltwater, he was elated when fingers met his own.

What was her gift?

A sword of his own? A talisman or a treasure? Something to hold high on the way home, for sure. Mid-thought, her grip tightened and pulled him below the water.

It was no benevolent spirit or Lady of the Lake. She was the sorcerous nemesis of Arthur himself, in a skin that was not her own.



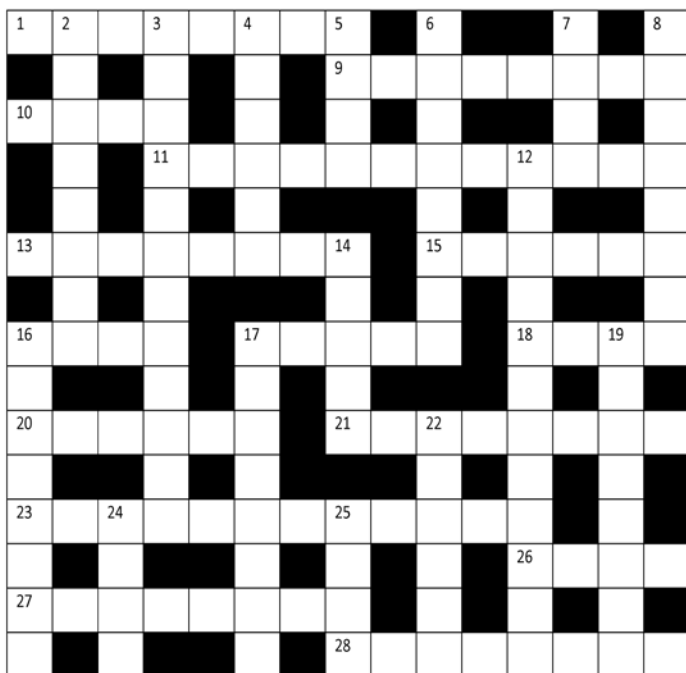
BRAMLEY BADMINTON CLUB

The badminton club has now started its autumn term. We have a couple of vacancies, either on a Monday night or Tuesday night, starting at 8pm in Bramley Village Hall.

These evenings are a way of keeping fit and meeting people; beginners are always welcome so why not pop along one evening, or contact Jane Matthews on 01256 881647 or email jane.matthews80@yahoo.com for more information.

Cryptic Crossword No: 102

See page 30 for the answers.



- 3 Single direction male vessel, the art of outdoing others. (12)
- 4 One who gets what they want by hook, line and sinker. (6)
- 5 Watched jockey Edward internally. (4)
- 6 Meat professionals or slang for 5 down. (8)
- 7 Short shop for delicious food. (4)
- 8 Wobbles or confounds. (8)
- 12 Victory celebrations going round and round. (4,2,6)
- 14 Places or arrives. (5)
- 16 Sling cad about burning sensation. (8)
- 17 Bill that's worth every penny, we hope. (8)
- 19 Eased around Dad there. (8)
- 22 Matched repair Edgar made to conceal. (6)
- 24 So I think excavations can be seen at this place. (4)
- 25 Hurt or longing. (4)

CodeWord No: 88

See page 30 for the answers.

19	8	23	20	8	13			15	1	26	2	12
8		2				22		7		13		8
14	18	25	18	22		8	12	17	22	2	13	10
11		2		18		9		2		17		10
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1	2	3	4	5	6	7	8	9	10	11	12	13
						P					D	
14	15	16	17	18	19	20	21	22	23	24	25	26

Each number represents a unique letter from the alphabet and all 26 letters are used. Two letters are given to make a start.

Across

- 1 Got a base to wreck. (8)
- 9 Gusty one is the most junior. (8)
- 10 To begin with, to realise underlying essentials is not false. (4)
- 11 Maybe a swan according to Hans. (4,8)
- 13 Royal residence just preceded by short round object. (8)
- 15 Former leading prince in residence expected to lapse. (6)
- 16 Covering consisting of pole with relation. (4)
- 17 Groups could be elastic. (5)
- 18 Beginning old age that says grain. (4)
- 20 A blanket or hound maybe. (6)
- 21 Watch South African private person rent a gem. (8)
- 23 Special permission to sort out said stop nine. (12)
- 26 Chances are not evens. (4)
- 27 Bird, hazel perhaps followed by design. (8)
- 28 Rodeo lad morphed into mythical city. (8)

Down

- 2 An earth pig in one language, a group would be known as an armoury. (8)

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Butter Daisy

Within the education sector, September is a special time of year, marking change and new beginnings. At Butter Daisy, it is a fresh chapter as different children become the “grown-ups” of the nursery, bringing a shift across each suite. We also have the privilege of welcoming new children to join us too.

This is beautifully timed with the nation’s recognition of Friendship Month, when children form new relationships and develop existing friendships. We focus on extending their understanding of what makes a good friend and how to be one too.

In the Baby Suite, where friendships are emerging, our team transformed soft dolls into replicas of their peers. The Babies cared for them with blankets, bottles and cuddles. In Toddler Suite, the children created a friendship tree, painting their handprints to make a bright and colourful display of inclusivity. As each child added their print, adults led conversations about friendship and why their friends were so special.

Meanwhile, Pre-School has had a wonderful time celebrating one another, their differences, similarities and friendships. The children made cards, sang songs and built models for one another. It was wonderful to see them initiating their own ideas and displaying generosity and kindness, all emerging naturally from their individual personalities.



This month, we also revisited our impact on the environment and the importance of the three Rs during Recycling Week. We reflected on our appreciation for the emergency services on 999 Day and concluded the month by celebrating European Day of Languages, learning key phrases and nursery rhymes in European languages familiar to our children and families.

If you would like to hear more about Butter Daisy Nursery, please do not hesitate to contact us on 01256 882515 or email butter@mydaisynursery.com.



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Bramley Church of England Primary School Year R Open Mornings

Is your child turning 4 before the 1st September 2027? If so, now is the time to explore different schools.

To help you make the all-important decision as to where to send your child, **Bramley C of E Primary School** is hosting *open mornings*. These mornings will allow you to make an informed choice.

Our open mornings this year are:

Tuesday 20th October at 9.00am

Thursday 22nd October at 9.00am

Friday 6th November at 9.00am

Tuesday 17th November at 9.00am

Friday 20th November at 9.00am

These sessions will last approximately 90 minutes – consisting of an information sharing talk and a tour of the school. A great opportunity for you to see the school in action, pick up a prospectus and ask as many questions as you like.



At Bramley, we are a COMPASSIONATE, nurturing school which enables everyone to flourish feeling confident in their uniqueness, being FRIENDS with others and showing RESPECT for all, whilst making a positive contribution to God's world.

Our vision for our children is for them to:

Be confidently me

Show kindness to all

Make a difference

Please either email adminoffice@bramley.hants.sch.uk or phone the school on 01256 881339 to book your place.

The application deadline is 15 January 2027



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Hampshire RG27 8PS



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Caring for Nature in Bramley: Exciting Plans ahead!

After the hottest Summer since records began, and drought and wildfires impacting vital habitats and dwellings across Hampshire, the climate crisis is at the top of many people's minds. Wilder Bramley continues its mission to put nature first, launching an exciting programme of conservation work in partnership with Basingstoke council.

At the St Mark's Close nature area, volunteers will focus on improving the pond and surrounding habitat.

- **14 November:** we plan to remove young saplings, plant native pond species and create a mix of water depths to make the pond more attractive and resilient for wildlife.
- **12 December:** willow trees will be pollarded around the pond, allowing more light to reach the water while retaining valuable tree habitat.
- **9 January:** we will clear vegetation along the pond path, improving this important navigation corridor for bats.
- **6 February:** the winter programme finishes with tackling invasive cherry laurel, creating more space for native wildflowers and woodland plants to return.

All work parties start at **10am** and finish before **1pm**. Get in touch to join us, whether you can spare an hour or a whole morning to help nature.

We are also proud of work carried out over Summer including:

- The Bee Garden came through a difficult, hot summer remarkably well. Many flowering plants survived, continuing to provide food for pollinators. Volunteers were especially delighted to find more than 30 chambers in the bee homes occupied by solitary bee nests. The garden is expanding its support for moths, often overlooked but important pollinators. As part of the RHS Magical Moths initiative, new nectar-rich plants such as verbascum and bedstraw have been added alongside lavender, buddleia, comfrey and foxgloves, helping to build an even better "Moth Nectar Bar" for next year.
- Throughout summer, we continued to survey for bats, butterflies and reptiles.
- In September, we scythed the mini meadow at St James' Church revealing new plants, including agrimony and common mallow, as well as lots of ant activity. Ants are brilliant ecosystem engineers, improving soil structure and helping create the conditions wildflowers need to thrive.



The Bee hotel has been busy this year

Interested to learn more out climate change? We are planning a screening of the National Emergency briefing soon. Stay tuned.



Thank you to Wilder Bramley for scything the mini meadow at St James' Church in September.

What's your next project?

- Break up a path?
- Clean a carpet?
- Lay a new patio?
- Trim the hedges?
- Revitalize that tired lawn?
- Paint the house?

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Monday to Thursday 07.30 to 5pm; Friday 07.30 to 6.30pm; closed Sat and Sun

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Becky Hall MSc (Paed Ost), BSc (Ost Med), ND, Dip SMT
REGISTERED OSTEOPATH

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www.bramleyosteopaths.com
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WHAT'S ON AT ANVIL ARTS**FRANCIS ROSSI - Songbook: Quo - Past, Present, Future**

Thu 1 Oct, 7pm, The Anvil.

Tickets: £64, £54, £44, VIP £104

Francis Rossi's new show will see one of Britain's most loved and influential musicians take to the road. Expect a hand-picked host of Status Quo songs, some deep cuts, and his own interpretations from his incredible catalogue, plus the bonus of some commentary and insight from the man himself. This is a great opportunity for fans to hear many all-time favourites from one of rock's greatest songwriters, as well as some unexpected gems.

AFRICAN SOUL REBELS

Wed 7 Oct, 7.30pm, The Anvil.

Tickets: £34.50, Under 25s and f/t students £16

African Soul Rebels celebrates fearless artists who reshape tradition, challenge borders, and put rhythm at the centre of resistance and joy. Leading the charge are the electrifying Les Amazones d'Afrique. This powerhouse collective of West African artists fuse ancient roots with future-facing sounds, bringing a message of strength and unity. Joining them is the phenomenal Gasper Nali, a not-so-traditional babatoni player from Lake Malawi who creates playful and joyful Afro beats. And opening the night is young master musician N'famady Kouyaté, sensational balafon player already making a name for himself as a new voice pushing boundaries and connecting cultures.

WISHBONE ASH

Fri 9 Oct, 7.30pm, The Haymarket.

Tickets: £36.50

For over five decades, Wishbone Ash has stood as one of rock music's most enduring and influential forces, their pioneering twin-lead guitar sound providing a blueprint for the generations of artists that followed in their footsteps. With an extensive catalogue, countless miles on the road, and a legacy woven into the fabric of rock history, they continue to inspire audiences worldwide. Experience a band that doesn't just celebrate their illustrious past but continues to embrace the future.

BOYZLIFE - featuring Keith Duffy and Brian McFadden

Sun 11 Oct, 7.30pm, The Anvil.

Tickets: £46.50, £41.50, £36, VIP £154

Boyzone's Keith Duffy and Westlife's Brian McFadden, celebrate the hits

from both groups. The duo revisits their boyband legacies as they perform a mixture of songs, including *I Love The Way You Love Me*, *All That I Need*, *No Matter What*, *My Love*, *I Lay My Love On You*, and *Uptown Girl*. With decades of chart-toppers, this is an unmissable night of nostalgia and pop perfection.

LENNY HENRY - Still at Large

Wed 14 Oct, 7.30pm, The Anvil.

Tickets: £48, £43, £38, £33

For over five decades, Lenny Henry has been telling stories on stage, on screen, and through a host of characters etched into our collective memory.

Part stand-up, part storytelling, and part conversation with himself (and with you), this new live show sees Lenny return to the experiences that shaped him while also exploring the ideas, challenges, and creative sparks driving him today. Lenny traces the roles, characters, and moments that have defined his remarkable career – and shares what continues to inspire him now as he reflects on a life lived out loud. Expect big laughs, heart, and a celebration of the many versions of Lenny: the actor, the impressionist, the comedian, the fundraiser, and the stand-up anecdotalist.

LEO SAYER - Can't Stop Loving You!

Sat 17 Oct, 7.30pm, The Anvil.

Tickets: £49, £44

After almost 60 years of life on the road, Leo Sayer returns with his band for what could well be his final hit-packed, high-energy full UK tour. Known the world over for his army of hits which include *Thunder in My Heart*, *Moonlighting*, *One Man Band*, *I Can't Stop Loving You*, *More Than I Can Say*, *Have You Ever Been in Love*, *The Show Must Go On* and the transatlantic number ones, *When I Need You*, and of course, *You Make Me Feel Like Dancing*.

MARTIN MCALOON OF PREFAB SPROUT

Sat 24 Oct, 7.30pm, The Haymarket.

Tickets: £28.50

Martin McAloon brings one of Prefab Sprout's landmark albums to Basingstoke this October. One of the most beloved British records of the 1980s, *Steve McQueen* will be performed in full, and that's just the beginning. Martin will also be drawing from the wider Prefab Sprout catalogue, bringing to life as many of his brother Paddy's songs as the evening will hold, having stretched

to over thirty beyond the album itself previously. Intimate, warm, and overflowing with some of the most beautifully crafted pop songs this country has ever produced.

GRIMETHORPE COLLIERY BAND

Sun 25 Oct, 3pm, The Anvil.

Tickets: £28, under 25s £15

Grimethorpe Colliery Band, founded over a century ago in a Yorkshire mining village, achieved its worldwide reputation from the hit film *Brassed Off* and is regarded as one of Britain's finest brass bands. It has won numerous band championships and has played in such diverse settings as the FIFA World Cup, BBC Proms, Eurovision, 2012 Olympic Opening Ceremony, and most recently in 2024 played alongside Coldplay as part of their headline set at Glastonbury Festival.

AN EVENING WITH MICHAEL PORTILLO

Tue 27 Oct, 7.30pm, The Anvil.

Tickets: £63, £53, £43, £38

Secretary of State. Traveller. TV superstar. The inimitable Michael Portillo is live on stage to share funny, insightful, and poignant stories from his extraordinarily rich and varied life. He will share his life story, from his late father's experiences of the Spanish Civil War and escape to England, where he and Michael's mother met while looking after refugee children, all the way to his present-day adventures travelling across Spain, the USA, India, and beyond. Whether you are passionate about politics or a fan of Michael's many international adventures, this is an unmissable treat.

NEW DAWN FADES: A PLAY ABOUT JOY DIVISION AND MANCHESTER

By Brian Gorman and Lauren Greenwood

Thu 29 & Fri 30 Oct, 7.30pm

The Haymarket. Tickets: £31.50

New Dawn Fades tells the story of four ordinary lads who, inspired by the punk revolution of 1970s Manchester, came together to form one of the most influential bands of all time, Joy Division. Following the untimely death of lead singer Ian Curtis, the band went on to huge world-wide success as New Order. New Dawn Fades is a spellbinding journey of love, passion, grief, and music, drawing inspiration from their enigmatic lyrics, with a soundtrack featuring hits of the late seventies UK music scene, including of course Joy Division.

Mondays

<i>Badminton</i>	Village Hall
<i>Petite Dance</i>	Village Hall
<i>Hipp Pilates</i>	Clift Meadow Pavilion
<i>NHS Health Visitor</i>	Village Hall
<i>Pregnancy Yoga with Sam 6pm</i>	Clift Meadow Pavilion
<i>Beavers 5-6pm</i>	Brocas Hall
<i>Fitness Pilates 6pm</i>	Cross House
<i>Pilates for Sport 7pm</i>	Cross House
<i>Yoga with Sam 7.30pm</i>	Clift Meadow Pavilion
<i>Classical Pilates, 6.45-7.45pm</i>	Village Hall
<i>Cubs 6.30-8pm</i>	Brocas Hall
<i>Trail Runners 7.30pm</i>	Clift Meadow car park

Tuesdays

<i>Parish Council Meetings 3rd Tuesday of the month</i>	Bramley Room, Village Hall
<i>Badminton</i>	Village Hall
<i>Bell Ringing 8pm</i>	St James's Church
<i>Petite Dance</i>	Village Hall
<i>Short Mat Bowls</i>	Village Hall
<i>Body Control Pilates 9.30-10.30am</i>	Village Hall
<i>Bramley 0-5s 10am – 11.30 am</i>	Clift Meadow Pavilion
<i>Scouts 7-8.30pm</i>	Brocas Hall
<i>Hipp Pilates 7-9pm</i>	Clift Meadow Pavilion

Wednesdays

<i>Wednesday Club 10am to midday</i>	St Stephen's Hall
<i>1st Bramley Rainbows</i>	Village Hall
<i>1st Bramley Brownies</i>	Village Hall
<i>1st Bramley Guides</i>	Village Hall
<i>NHS Health Visitor</i>	Village Hall
<i>WG Pilates 9.15 – 10.15am and 12.30 – 1.15pm</i>	Cross House
<i>Bramley Tea and Coffee morning 10-11.30am</i>	Clift Meadow Community Cafe
<i>Squirrels 5-6pm</i>	Brocas Hall
<i>Trail Runners 7.30pm</i>	Clift Meadow car park

Thursdays

<i>Bramley & Romans Floral Society 1st Thursday 1.30 - 4.00pm</i>	Sherfield on Loddon Village Hall
<i>Dance Club</i>	Primary School Hall
<i>Pilates</i>	St Stephen's Hall
<i>WI 2nd Thursday</i>	Village Hall
<i>Dance Vibes - adult fitness class 5.30-6.15pm</i>	Cross House
<i>Perform 5.45pm</i>	Clift Meadow Pavilion
<i>Hatha Yoga 6.30-7.30pm</i>	Cross House
<i>Classical Pilates - 6.30-7.30pm</i>	Village Hall
<i>Walking 4 Fitness & Friendship 6.40 for 6.45pm (April-Sept)</i>	Clift Meadow car park
<i>Petite Dance</i>	Village Hall
<i>Hipp Pilates 7-8pm</i>	Clift Meadow Pavilion

Fridays

<i>WG Pilates 12-1pm</i>	Cross House
<i>Craft Group (4th Friday) 1pm-4pm</i>	Bramley Room, Village Hall
<i>Hipp Pilates 1.30-2.30pm</i>	Clift Meadow Pavilion
<i>Post Natal Pilates 1.45-3.15 (Pure Performance)</i>	Village Hall
<i>Perform 3.30pm</i>	Clift Meadow Pavilion
<i>Youth Club 5pm</i>	Brocas Hall

Saturdays

<i>Petite Dance</i>	Village Hall
<i>Tennis (age 7-13)</i>	Clift Meadow
<i>HIPP Pilates 9.30-10.30m</i>	Village Hall
<i>Karate 11.00-12.00pm</i>	Primary School Hall

Sundays

<i>See page 5 for Church services at St James's Bramley</i>	
<i>Wee Kicks Football 8.30-11.00am</i>	Village Hall

Do you have a listing on this page? If so, please can you check that the details are correct and let me have the timings if they are missing.

Any corrections or additions can be emailed to editor@bramleymagazine.org.uk

THANK YOU

Contact Details for Village Clubs and Organisations

Organisation	Name	Tel No	Email	Remarks
Parish Council	Maxta Thomas	07810 692486	www.bramley-pc.gov.uk clerk@bramley-pc.gov.uk	Not for bookings
Clift Meadow	Bookings Team	01256 260270	bookings@cliftmeadow.org.uk	Bookings
Cross House	Anne Smith	01256 880327	admin@stjamesbramley.org.uk	Bookings
Village Hall	Catriona Hayward	07464 749997	Bookings@bvht.org.uk	Bookings
School Hall	Alison Tarrant	881339		
Activ8 Youth Club	Ed Ives	07964 069390		
Badminton	Jane Matthews	881647		
Bell Ringers	Jonathan Barclay Smith	541251	rjbarclaysmith@gmail.com	
Bramley 0-5s	Jo Weineck	07717 340985		
Bramley and Romans Floral Society	Stephanie Cornell	07808 078188	s.cornell@aplin.plus.com	
Bramley Craft Group	Anne-Marie Jones	07922 528155	anajonesuk@yahoo.co.uk	4th Friday of each month
Bramley Tea and Coffee morning	Gill Garcka		gill.garcka@btinternet.com	
Bramley United FC	Mick Walsh	07802 912615/ 01256 881241	michael.walsh59@outlook.com	
Bramley Volunteer Drivers		07787 166924	Visit us on Facebook	
Brownies	Katie Slater	07545 319342	bramley.brownies@gmail.com	
Classical Pilates	Naomi Baker		naomi@nbkpilates.co.uk	
Clift Meadow Youth Cricket (Old Basing CC)	John Huntingdon		John.Huntingdon@turbex.co.uk	
Clift Meadow Youth Football (Loddon Sports)			loddonfcsecretary@outlook.com https://www.loddonsportsfc.com	
Dance Vibes	Louise		misslouise74@gmail.com	
Guides	Viv Salem		1stbramleyguides@gmail.com	
Hipp Pilates	Jo Kemp Williams	07557 412400	jo.kemp-williams@outlook.com	
Little Apples	Jo Whatley & Sian Davies	07598 588460	manager@littleapples.org	
Naturally Yoga with Sam	Samantha Webber	07713 349227	www.naturallyyoga.co.uk sam@naturalnook.co.uk	
NHS Health Visitor	Nicola Jones		nicola.jones206@nhs.net	
Perform	Gemma Payne	07825 916496	gemmapayne@perform.org.uk	
Petite Dance	Louise Pain	07877 890673	misslouise@petiteschoolofdancing.com	
Pure Performance Pilates	Hannah Travers	07711 206043	info@performanceuk.com www.performanceuk.com	
Body Control Pilates	Heather Lewis	07785 254313	hsfitnessuk@mac.com	
Pilates (WG Pilates)	Wendy Gill	07961 102535	wendygill44@yahoo.co.uk	
Rainbows	Christina Wilson		bramleyrainbows@gmail.com	
Royal British Legion	Rhydian Vaughan	07774 681516		
Short Mat Bowls	Judy Foyle	881821	stevefoyle@hotmail.co.uk	
Squirrels, Beavers, Cubs and Scouts	Jodie Saunders	07818 280041	jodie@bramley-scouts.org.uk	
St Stephen's Hall	Carol Ellis	07960 049189		Bookings
Tennis (Clift Meadow)	Simon	07904 340004		
Thula Mama	Rebecca Cooch	07971 798945	rebecca.cooch@gmail.com	
Trail Runners	Richard Perkins		richardperkins@yahoo.com	
Walking 4 Fitness & Friendship	Facebook		See Facebook: Walking 4 Fitness & Friendship	
Wee Kicks	Dan Grant	02843 449769	northhants@weekicks.co.uk	
WI	Pat Cole	881715	gpcole37@gmail.com	
Wilder Bramley			wilder.bramley@gmail.com www.wilderbramley.org or Facebook	
Yoga	Mark Golding	07969 890722	goldingyoga@gmail.com goldingyoga.com	

Heart Health Quiz

The correct answers were all A.

- Which of these is a common early sign of heart disease?
☐ A. Chest discomfort or pressure
- Which everyday habit helps keep your heart healthy?
☐ A. Walking regularly
- What is the recommended maximum daily salt intake for adults?
☐ A. 6 grams (about one teaspoon)
- Which type of fat is better for heart health?
☐ A. Unsaturated fats (e.g., olive oil, nuts, seeds)
- High blood pressure is often called:
☐ A. The silent killer
- Which activity strengthens your heart the most?
☐ A. Brisk walking, swimming, or cycling
- Which of these is a hearthealthy food?
☐ A. Oily fish (e.g., salmon, mackerel)
- What is a healthy resting heart rate for most adults?
☐ A. 60–100 beats per minute
- Smoking affects the heart by:
☐ A. Narrowing blood vessels
- Stress can affect heart health. Which action helps reduce stress?
☐ A. Deep breathing or mindfulness

Are you an Ostomate? Do you know someone who lives with an Ostomy pouch?

Basingstoke now has its own Ostomates Support group. Meeting every third Thursday of the month between 16:00 and 18:30 at the Apollo Hotel, Aldermaston Road, Basingstoke.

Anyone living with a Stoma, their partners/friends and those who may be facing such surgery in the future for reasons such as Bowel Cancer, Colitis Crohns, blood clots or other traumas, are welcome. We offer free refreshments, regular presentations on related subjects, a raffle and even an occasional short (but very gentle) exercise session.

Basingstokeandareaostomates@gmail.com

SHERFIELD & DISTRICT GARDENING CLUB

On **Monday 19 October**, we welcome **Souren Ala** who will speak about “**Persian Gardens**”. This illustrated talk includes some history and background, and Souren’s own experience of the design, significance and planting of gardens, which have been appreciated for centuries for their peace and beauty. An exotic subject for an October evening in Hampshire!

Sherfield Village Hall. Doors open 7.15pm. Talk starts 7.45pm. Q&A after, with refreshments and garden-themed raffle. £3 for paid-up Members. £6 for guests. Includes refreshments.

And a final reminder of the details for our trip to **Leonardslee Gardens**, near Horsham, on **Sunday 04 October**.

Coach leaves Sherfield Village Hall at 09:30am. Coach departs from Leonardslee at 3pm, returning to Sherfield Village Hall.

Please arrange your own lunch. There is a cafe and a restaurant. Picnics are not permitted. Price includes a 60-minute tour (one tour will be flatter and less strenuous.) The cost is very heavily subsidised by the Club, for benefit of Members.

We’re looking forward to a wonderful day out!

Cryptic Crossword No: 102 Solution

ACHE	25	ELDORADO	28
SITE	24	NUHTATCH	27
PAIRED	22	ODDS	26
THREADED	19	DISPENSATION	23
BANKNOTE	17	SAPPHIRE	21
SCALDING	16	AFGHAN	20
LANDS	14	OATS	18
LAPS OF HONOUR	12	BANDS	17
STAGGERS	8	SKIN	16
DELI	7	EXPIRE	15
BUTCHERS	6	BALMORAL	13
EYED	5	UGLY DUCKLING	11
ANGLER	4	TRUE	10
ONEUPMANSHIP	3	YOUNGEST	9
AARDVARK	2	SABOTAGE	1

Down

Across

CodeWord No: 88 Solution

S	T	L	A	X	E			Y	A	S	S	E
N		L				S		T		P		V
E	N	O	C	S		G	N	I	Z	A	M	A
H		D		T		N		L		H		T
T	H	G	I	R	L	A		I	C	A	C	C
A		A		O		P		B				O
		T	R	A	P	A		W	A	L	Y	B
R				S		H		T		L		S
E	G	N	U	L		A	D	N	E	D	D	A
G		O		I		J		E		I		T
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A		N		P		R				I		A
D	I	U	S	Q			N	A	K	L	A	B

CLASSIFIED ADVERTS

To advertise in the classified section and reach 2100 homes in and around Bramley for as little as £2 per line, contact: Rick Askin
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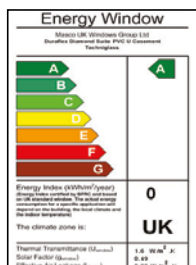
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